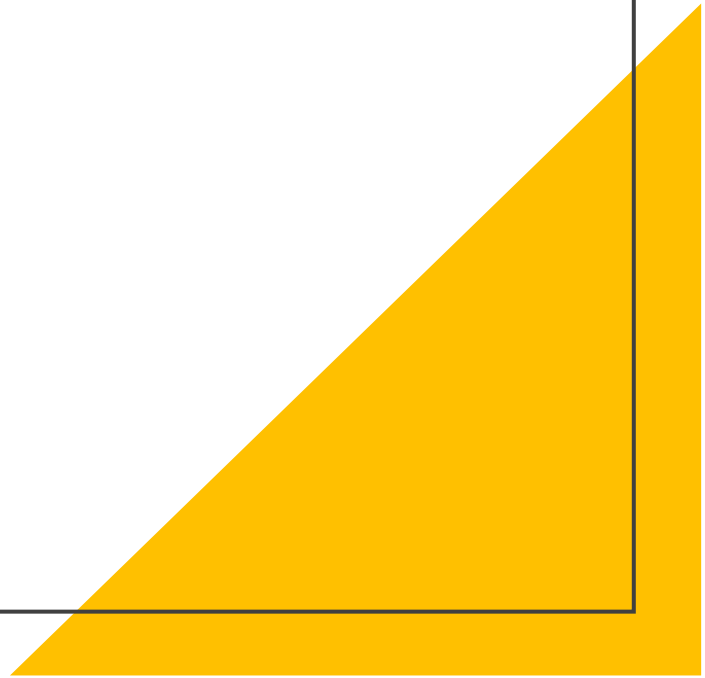




Oak Academy

Young Carers

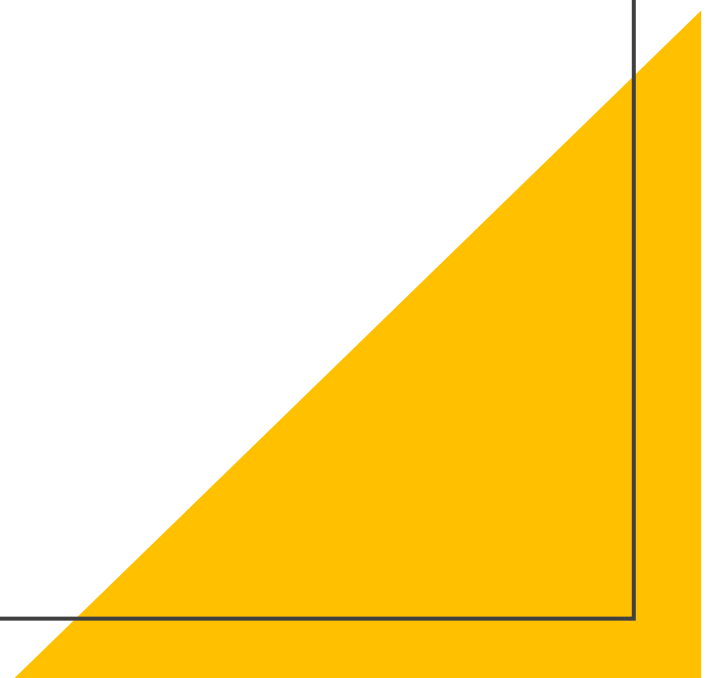


Young Carer's Champion Miss Frampton


Young Carers Team

Miss Mathews

Mr Garza

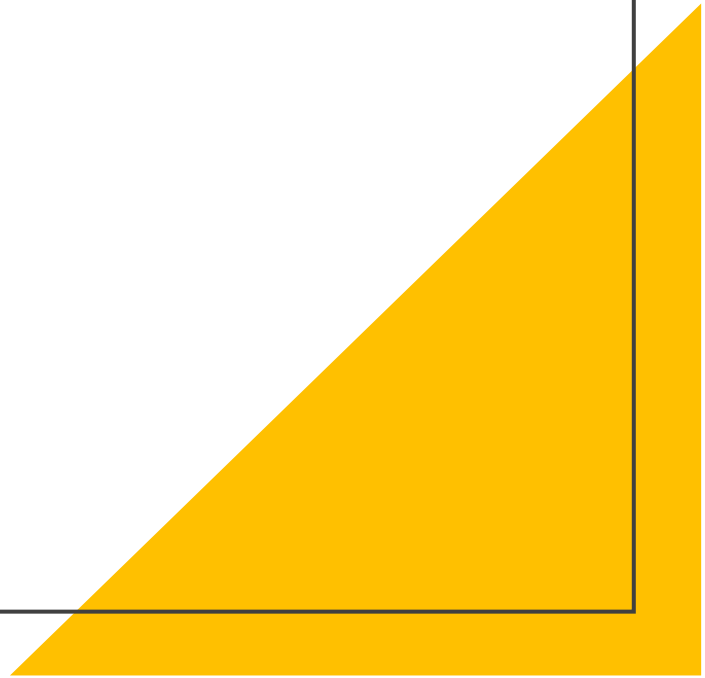


“A young carer is someone aged 25 and under who cares for a friend or family member who, due to illness, disability, a mental health problem or an addiction, cannot cope without their support, this can include extra jobs around the house, such as cooking, cleaning and helping someone get dressed/move around. This may also include physical support with a sibling who is disabled or unwell”

A large yellow triangle is positioned in the bottom right corner of the slide, pointing towards the top right.

In School Support

- Sign- Posting to external agencies such as school nursing team or Mytime the young carers charity.
- In school support for academic studies such as home-work club and KS4 revision sessions after school.
- Conduct official referrals to become a registered young carer.
- Half term meets for our young carers to socialize and meet other young people experiencing similar challenges.
- Flexibility to support the needs of the young carer i.e breakfast club, lunch time detentions and emotional support.
- Foodbank Vouchers



Mytime Charity

“WE BELIEVE THAT NO CHILD'S DESTINY SHOULD BE DEFINED BY THEIR BEGINNING”

“We fight for the rights of young carers to ensure they receive the support, opportunities and friendship that every child needs and deserves”.

- Work in close partnership with schools
- Young Carers Assemblies
- School Trips for Young Carers
- Mental Health Support

- Give young carers something to look forward to amidst challenging circumstances
Create much-needed breaks for young carers and safe spaces where they can be themselves

Offer social opportunities for young carers to connect with one another

Empower young carers with new skills, confidence and self-worth

Identify training opportunities and pathways to employment for young adult carers

Educate schools, local authorities and communities to increase support and understanding for young carers

Provide support to young carer parents, siblings and other family members

For more information mytimeyoungcarers.org



Please see
Miss Frampton
in the Safeguarding office for
any questions or concerns

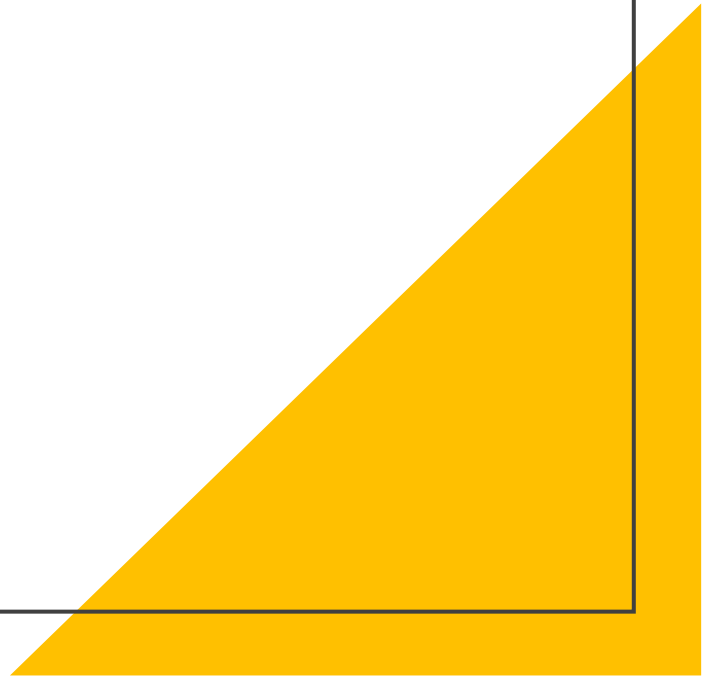


Key Contact with external agencies supporting Young Carers and Mental Health support link for Young Carers.



Further Mental Health Support

- Student Minds www.studentminds.org.uk
- Young Minds www.youngminds.org.uk
- Samaritans www.Samaritans.org
- Kooth www.kooth.com



Young Carers Drop in's

Please drop into anyone of the Young Carer's team listed above.

- Before school/after school
- Breaktime
- Lunchtime

